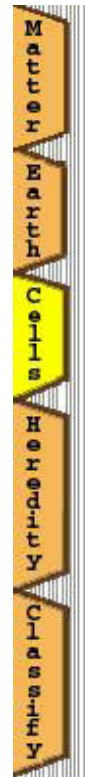
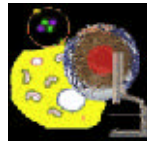


The **cytoplasm** is a thick, jellylike substance found in both plant and animal cells filling the space between the nucleus and the cell membrane. It contains and supports the cell organelles. The cytoplasm is constantly in motion.

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Updated June 15, 2000 by: [Glen Westbroek](#)

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